

<u>Vegetables</u>	<u>Jams etc</u>	<u>Additive ingredients</u>	<u>Spices</u>	<u>Drinks</u>	<u>Soups</u>	<u>Sweets/biscuits</u>
<u>Fresh</u>						
Potatoes	Jams	Salt (table)	Allspice (pimento)	Water purification tablets	Vegetable	Chocolate/sweets
Onions	Marmalade	Salt (sea)	Angelica	Bottled water	Tomato	Biscuits
Shallots	Marmite	Black pepper	Arrowroot		Mushroom	Cakes
Peas	Peanut butter	White pepper	Basil	Tea	Scotch broth	Crisps/tortillas
Beans (green)	Honey	Olive oil	Bay leaves	Green tea	Parsnip	Dips
Beans (broad)	Chocolate spread	Cooking oil	Bouquet garni	Coffee	French onion	Cereal bars
Carrots	Sandwich spread	Groundnut oil	Caraway	Hot chocolate	Minestrone	Nuts
Broccoli		Lard	Cardoman		Celery	
Spinach		Goose fat	Cayenne pepper	Squash	Chicken	
Cauliflower		Vinegar (malt)	Celery salt	Fruit juice	Beef	
Leeks		Vinegar (red wine)	Chervil	Vegetable juice/V8	Mulligatawny	
Courgettes		Vinegar (white wine)	Chicory		Consomme	
Aubergines		Vinegar (balsamic)	Chilli peppers	Red wine	Broccoli and stilton	
Corn on the cob		Salad dressing	Chilli powder	White wine	Carrot and coriander	
Asparagus		Mustard (English)	Chilli flakes	Rosé wine	Pea and ham	
Pumpkin		Mustard (French)	Chives	Champagne	Leek and potato	
Parsnip/swede/turnip		Beef stock cubes	Cinnamon	Beer	Chicken and sweetcorn	
Artichokes		Veg stock cubes	Cloves	Lager		
		Lamb stock cubes	Coriander (leaves)	Cider		
<u>Salad</u>		Chicken stock cubes	Coriander (seed)	Gin		
		Fish stock cubes	Cumin	Whisky		
Lettuce		Tomato puree	Curry paste	Brandy		
Cabbage		Curry sauces	Curry powder	Port		
Tomatoes		Pasta sauces	Dill	Sherry		
Cucumbers		Soy sauce	Fennel	Liqueurs		
Red peppers		Worcester sauce	Garlic			
Green peppers		Tobasco sauce	Garlic salt	Tonic water		
Yellow peppers		Tomato sauce	Ginger	Soda water		
Avocados		Black bean sauce	Herbs de Provence	Ginger ale		
Celery		Mango chutney	Jasmine	Bitter lemon		
Spring onions		Branston pickle	Lemon grass	Lemonade		
Radishes		Piccalilli	Mace	Coca-cola		
Celeriac		Redcurrant jelly	Marjoram			
Chives		Horseradish sauce	Mint			
Olives (green)		Mint sauce	Mixed spice			
Olives (black)		Mayonnaise	Mustard seed			
Watercress		Golden syrup	Nutmeg			
Alfalfa		Maple syrup	Oregano			
		Black treacle	Okra			
		Chocolate sauce	Paprika			
		Toffee sauce	Parsley			
<u>Frozen</u>		Gravy mix	Peppermint			
		Stuffing mix	Peri peri			
Chips		Lemon juice (bottled)	Rosemary			
Broccoli		Lime juice (bottled)	Saffron			
Peas		Coconut milk	Sage			
Carrots		Glace cherries	Sesame seeds			
Spinach		Mixed peel	Sorrel			
Corn on the cob		Crystallized ginger	Tamarind			
		Plain chocolate	Tarragon			
		Marzipan	Thyme			
		Colouring	Tumeric			
		Cream of tartar				
<u>Tinned/bottled</u>		Mincemeat				
		Cake decorations				
New potatoes		Jellies				
Tomatoes		Gelatine				
Carrots		Glycerine				
Peas		Crème de cassis				
Artichokes		Orange liqueur				
Spinach		Cofee liqueur				
Mushrooms		Kirsch				
Sweetcorn		Ratafia				
Baked beans		Marsala				
Gherkins		Orange extract				
Pickled onions		Lemon extract				
Beetroot		Vanilla essence				
Black beans		Vanilla pods				
Broad beans		Almond essence				
Kidney beans		Almonds				
Sun-dried tomatoes		Chestnut puree				
		Hazel nuts				
		Pecan nuts				
		Pistachios				
		Walnuts				
		Amaretti				
		Croutons				
		Breadcrumbs				
		Pesto				
		Jalapenos				
		Capers				
		Bacon bits				

