Basic foodstuffs  Cereals  Meat  Poultry  Fish  Dainy  Fruit  Fruit  Fresh  Fre	DROVICIONING CHECKLICE						
Fresh	PROVISIONING CHECKLIST						
Marcel (cours)   Marc	Basic foodstuffs	<u>Cereals</u>	Meat	Poultry	<u>Fish</u>	<u>Dairy</u>	<u>Fruit</u>
Marcel (course)   Marcel (co							
## Profession   All Form   Cord Flakes   Lamb   Soe   Cheese   Limes   ## Rice (poing min)   Cord Flakes   Lamb   Soe   Cheese   Limes   ## Rice (poing min)   Cord Flakes   Lamb   Soe   Cheese   Limes   ## Rice (poing min)   Cord Flakes   Lamb   Soe   Cheese   Limes   ## Rice (poing min)   Cord Flakes   Lamb   Soe   Cheese   Limes   ## Rice (poing min)   Cord Flakes   Lamb   Soe   Cheese   Limes   ## Rice (poing min)   Cord Flakes   Cord Flakes   ## Rice (poing min)   Cord Flakes   ## R			Fresh	<u>Fresh</u>	<u>Fresh</u>	<u>Fresh</u>	<u>Fresh</u>
Process	Proad (loavos)	Muosli	Poof	Chickon	Cod	Eggs	Orangos
Since   Contract   Limits							
Wordpane   Wordpane   Word     Face				Turkey			
Street   S							
Seagents			veai				
				6			
Venison		Porridge	Game	Game			
Mode							
Marc							
Punction							
Participate			Hare				
Figur   Figu							
Flour (Indicembel)							
Confloor   Craft   Craft   Craft   Rapperries   Restance   Craft   Responses   Responses   Restance   Responses				Pigeon		Feta	
Billion							
Supar (white granulated)   Cold for lunch   Cold for lunch   Cold for lunch   Supar (asser)					Crab		
Super identerarial   Super i	Yeast						
Sugar (clare)	Sugar (white granulated)						Redcurrants
Could beef   Could chicken   Mackered   Pineapples	Sugar (demerara)		Cold for lunch	Cold for lunch	Cold for lunch		Blackcurrants
Cold ham	Sugar (caster)						Tangerines or similar
Salam   Pate   Trout   Melons	Sugar (icing)			Cold chicken			Pineapples
Salami			Cold ham	Cold turkey	Salmon		Grapefruit
Smoked sausage	Mixes		Salami		Trout		
Put pasty mix			Smoked sausage		Prawns		Guavas
Shorterus pastry mix   Quiches/flans   Sauid   Mangos	Puff pastry mix						
Filo pasty mix Crab Crab   Saw fruit Cake mix (choc) Cake mix (sponge) Bread mix Crossant mix Vaffie mix  Frozen   Sausages   Chicken thighs   Prawns   Icc cream   Raspberries   Bacon   Chicken breasts   Salmon steaks   Iced follies   Blackberries   Frozen   Pork chops   Cod fillets   Sorbets   Pork chops   Squid   Beefburgers   Homburgers   Pizzas   P							
Crumble mix Cake mix (sponge) Read mix Croissant mix Varifie mix  Frozen					· ·		
Cake mix (choc)  Bread mix  Croissant mix  Waffe mix  Frozen							
Cake mik (sponge)  Fread mix  Croissant mix  Waffle mix  Frozen  Froze							- India
Bread mix  Cordisant mix  Waffle mix  Frozen Frozen Frozen Frozen Frozen Frozen  Frozen Frozen Frozen Frozen Frozen Frozen  Sausages Chicken thighs Prawns Ice cream Raspberries  Bacon Chicken breasts Salmon steaks Iced Iollies Blackberries  Minced beef Fish cakes Frozen Frozen Frozen  Pork chops Cod fillets Sorbets  Pork loins Whitebalt Salmon steaks Iced Iollies Blackberries  Rose Pork loins Whitebalt Salmon steaks Iced Iollies Blackberries  Pruits of the forest  Moules Interded Iollies Blackberries  Frozen Raspberries  Blackberries Blackberries  Moules Interded Iollies Blackberries  Frozen Raspberries  Blackberries Frozen Raspberries					- ucc		
Croissant mix Waffle mix  Frozen Froz							
### Frozen   Frozen   Frozen   Frozen   Frozen   Frozen							
Frozen Fr							
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Pork loins			Sausages Bacon	Chicken thighs	Prawns Salmon steaks	Ice cream	Raspberries Blackberries
Lamb chops   Squid   Reefburgers   Moules			Sausages Bacon Minced beef	Chicken thighs	Prawns Salmon steaks Fish cakes	Ice cream	Raspberries Blackberries Fruits of the forest
Beefburgers Hamburgers Pizzas  Tinned/bottled Tinne			Sausages Bacon Minced beef Pork chops	Chicken thighs	Prawns Salmon steaks Fish cakes Cod fillets	Ice cream	Raspberries Blackberries Fruits of the forest
Hamburgers Pizzas  Tinned/bottled Ti			Sausages Bacon Minced beef Pork chops Pork loins	Chicken thighs	Prawns Salmon steaks Fish cakes Cod fillets Whitebait	Ice cream	Raspberries Blackberries Fruits of the forest
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Tinned/bottled Tinned			Sausages Bacon Minced beef Pork chops Pork loins Lamb chops	Chicken thighs	Prawns Salmon steaks Fish cakes Cod fillets Whitebait Squid	Ice cream	Raspberries Blackberries Fruits of the forest
Meat balls Chicken chunks Tuna Long-life milk See fresh  Steak Duck Anchovies  Steak & kidney Pheasant Sardines  Irish stew Mackerel  Mince Squid  Corned beef Ham Venison Dried  Dried  Apricots Agaisins  Agaisins  Currants Dates			Sausages Bacon Minced beef Pork chops Pork loins Lamb chops Beefburgers Hamburgers	Chicken thighs	Prawns Salmon steaks Fish cakes Cod fillets Whitebait Squid	Ice cream	Raspberries Blackberries Fruits of the forest
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Steak Duck Anchovies  Steak & kidney Pheasant Sardines  Irish stew Mackerel  Mince Squid  Corned beef Ham Venison  Venison  Dried  Apricots Raisins Currants Dates			Sausages Bacon Minced beef Pork chops Pork loins Lamb chops Beefburgers Hamburgers Pizzas	Chicken thighs Chicken breasts	Prawns Salmon steaks Fish cakes Cod fillets Whitebait Squid Moules	Ice cream Iced Iollies	Raspberries Blackberries Fruits of the forest Sorbets
Steak   Duck   Anchovies   Steak & kidney   Pheasant   Sardines   Sardines   Squid			Sausages Bacon Minced beef Pork chops Pork loins Lamb chops Beefburgers Hamburgers Pizzas	Chicken thighs Chicken breasts  Tinned/bottled	Prawns Salmon steaks Fish cakes Cod fillets Whitebait Squid Moules	Ice cream Iced Iollies	Raspberries Blackberries Fruits of the forest Sorbets  Tinned/bottled
Steak & kidney			Sausages Bacon Minced beef Pork chops Pork loins Lamb chops Beefburgers Hamburgers Pizzas Tinned/bottled	Chicken thighs Chicken breasts  Tinned/bottled	Prawns Salmon steaks Fish cakes Cod fillets Whitebait Squid Moules  Tinned/bottled	Ice cream Iced Iollies  Tinned/bottled	Raspberries Blackberries Fruits of the forest Sorbets  Tinned/bottled
Irish stew   Mackerel			Sausages Bacon Minced beef Pork chops Pork loins Lamb chops Beefburgers Hamburgers Pizzas Tinned/bottled Meat balls	Chicken thighs Chicken breasts  Tinned/bottled Chicken chunks	Prawns Salmon steaks Fish cakes Cod fillets Whitebait Squid Moules  Tinned/bottled Tuna	Ice cream Iced Iollies  Tinned/bottled	Raspberries Blackberries Fruits of the forest Sorbets  Tinned/bottled
Mince   Squid			Sausages Bacon Minced beef Pork chops Pork loins Lamb chops Beefburgers Hamburgers Pizzas Tinned/bottled Meat balls Steak	Chicken thighs Chicken breasts  Tinned/bottled Chicken chunks Duck	Prawns Salmon steaks Fish cakes Cod fillets Whitebait Squid Moules  Tinned/bottled Tuna Anchovies	Ice cream Iced Iollies  Tinned/bottled	Raspberries Blackberries Fruits of the forest Sorbets  Tinned/bottled
Corned beef			Sausages Bacon Minced beef Pork chops Pork loins Lamb chops Beefburgers Hamburgers Pizzas Tinned/bottled Meat balls Steak Steak & kidney	Chicken thighs Chicken breasts  Tinned/bottled Chicken chunks Duck	Prawns Salmon steaks Fish cakes Cod fillets Whitebait Squid Moules  Tinned/bottled  Tuna Anchovies Sardines	Ice cream Iced Iollies  Tinned/bottled	Raspberries Blackberries Fruits of the forest Sorbets  Tinned/bottled
Ham Venison  Dried  Apricots Raisins Currants Dates			Sausages Bacon Minced beef Pork chops Pork loins Lamb chops Beefburgers Hamburgers Pizzas  Tinned/bottled  Meat balls Steak Steak & kidney Irish stew	Chicken thighs Chicken breasts  Tinned/bottled Chicken chunks Duck	Prawns Salmon steaks Fish cakes Cod fillets Whitebait Squid Moules  Tinned/bottled  Tuna Anchovies Sardines Mackerel	Ice cream Iced Iollies  Tinned/bottled	Raspberries Blackberries Fruits of the forest Sorbets  Tinned/bottled
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<u>Vegetables</u>	Jams etc	Additive ingredients	<u>Spices</u>	<u>Drinks</u>	Soups	Sweets/biscuits
<u>Fresh</u>						
Potatoes	Jams	Salt (table)	Allspice (pimento)	Water purification tablets	Vegetable	Chocolate/sweets
Onions	Marmalade	Salt (sea)	Angelica	Bottled water	Tomato	Biscuits
Shallots	Marmite	Black pepper	Arrowroot		Mushroom	Cakes
Peas	Peanut butter	White pepper	Basil	Tea	Scotch broth	Crisps/tortillas
Beans (green)	Honey	Olive oil	Bay leaves	Green tea	Parsnip	Dips
Beans (broad) Carrots	Chocolate spread Sandwich spread	Cooking oil Groundnut oil	Bouquet garni	Coffee Hot chocolate	French onion Minestrone	Cereal bars Nuts
Broccoli	Sanuwich spreau	Lard	Caraway Cardoman	not chocolate	Celery	Nuts
Spinach		Goose fat	Cayenne pepper	Squash	Chicken	
Cauliflower		Vinegar (malt)	Celery salt	Fruit juice	Beef	
Leeks		Vinegar (red wine)	Chervil	Vegetable juice/V8	Mulligatawny	
Courgettes		Vinegar (white wine)	Chicory		Consomme	
Aubergines Corn on the cob		Vinegar (balsamic)	Chilli peppers Chilli powder	Red wine White wine	Broccoli and stilton Carrot and coriander	
Asparagus		Salad dressing Mustard (English)	Chilli flakes	Rosé wine	Pea and ham	
Pumpkin		Mustard (French)	Chives	Champagne	Leek and potato	
Parsnip/swede/turnip		Beef stock cubes	Cinnamon	Beer	Chicken and sweetcorn	
Artichokes		Veg stock cubes	Cloves	Lager		
		Lamb stock cubes	Coriander (leaves)	Cider		
<u>Salad</u>		Chicken stock cubes	Coriander (seed)	Gin		
Lettuce		Fish stock cubes Tomato puree	Cumin Curry paste	Whisky Brandy		
Cabbage		Curry sauces	Curry paste Curry powder	Port	+	
Tomatoes		Pasta sauces	Dill	Sherry		
Cucumbers		Soy sauce	Fennel	Liqueurs		
Red peppers		Worcester sauce	Garlic			
Green peppers		Tobasco sauce	Garlic salt	Tonic water		
Yellow peppers		Tomato sauce	Ginger	Soda water		
Avocados Celery		Black bean sauce Mango chutney	Herbs de Provence Jasmine	Ginger ale Bitter lemon		
Spring onions		Branston pickle	Lemon grass	Lemonade		
Radishes		Piccalilli	Mace	Coca-cola		
Celeriac		Redcurrant jelly	Marjoram			
Chives		Horseradish sauce	Mint			
Olives (green)		Mint sauce	Mixed spice			
Olives (black)		Mayonnaise	Mustard seed			
Watercress Alfalfa		Golden syrup	Nutmeg			
Alldild		Maple syrup Black treacle	Oregano Okra			
		Chocolate sauce	Paprika			
		Toffee sauce	Parsley			
<u>Frozen</u>		Gravy mix	Peppermint			
		Stuffing mix	Peri peri			
Chips		Lemon juice (bottled)	Rosemary			
Broccoli Peas		Lime juice (bottled) Coconut milk	Saffron Sage			
Carrots		Glace cherries	Sesame seeds			
Spinach		Mixed peel	Sorrel			
Corn on the cob		Crystallized ginger	Tamarind			
		Plain chocolate	Tarragon			
		Marzipan	Thyme			
		Colouring	Tumeric	1		
Tinned/bottled		Cream of tartar Mincemeat				
milleu/pottlea		Cake decorations			+	
New potatoes		Jellies				
Tomatoes		Gelatine				
Carrots		Glycerine				
Peas		Crème de cassis				
Artichokes		Orange liquer				
Spinach Mushrooms		Cofee liquer Kirsch				
Sweetcorn		Ratafia				
Baked beans		Marsala				
Gherkins		Orange extract				
Pickled onions		Lemon extract				
Beetroot		Vanilla essence				
Black beans		Vanilla pods				
Broad beans Kidney beans		Almond essence Almonds				
Sun-dried tomatoes		Chestnut puree				
unca tomatoes		Hazel nuts				
		Pecan nuts				
		Pistachios				
		Walnuts				
		Amaretti				
		Croutons				
		Breadcrumbs				
1		Pesto			1	
		Halanenos				
		Jalapenos Capers				

Paper towels Lc Rubber gloves D Washing up liquid B Washing up brush A Pan scourers Bi Kitchen sponges Lc Aluminium foil Lc Greaseproof paper SI Clingfilm Ti Household cleaner H Glass cleaner W	oo paper Disinfectant Bathroom cleaner Bir freshener Binliners Boo brush Boo cleaner/bleach Bonge cloths Bissues Band wipes Washing powder Biotex	Soap Shampoo Shower gel Suntan lotion Toothbrushes Toothpaste Mouthwash Shaving brush Shaving cream	Medical  Sea-sickness pills Aspirin/Paracetomol Antiseptic wipes Cotton swabs Bandages (self-adhesive) Bandage rolls Gauze	Other  Batteries Lightbulbs Candles Writing paper Envelopes	Entertainment  Painting/drawing materials Fishing kit Cards Board games
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Rubber gloves  Washing up liquid  Bashing up brush  Pan scourers  Bi  Kitchen sponges  Lu  Aluminium foil  Greaseproof paper  Clingfilm  Household cleaner  Glass cleaner  Wav  Oven cleaner  Wax polish  Metal polish  Dusters  Rubbish bags	Disinfectant Bathroom cleaner Sir freshener Bisilliners Boo brush Boo cleaner/bleach Bisponge cloths Bissues Band wipes Washing powder Biotex	Shampoo Shower gel Suntan lotion Toothbrushes Toothpaste Mouthwash Shaving brush Shaving cream	Aspirin/Paracetomol Antiseptic wipes Cotton swabs Bandages (self-adhesive) Bandage rolls	Lightbulbs Candles Writing paper Envelopes	Fishing kit Cards Board games
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Washing up liquid B: Washing up brush A Pan scourers B: Kitchen sponges Lc Aluminium foil Lc Greaseproof paper S; Clingfilm Ti Household cleaner H Glass cleaner W Oven cleaner B: Wax polish Metal polish Dusters Rubbish bags	lathroom cleaner kir freshener binliners oo brush oo cleaner/bleach ponge cloths issues land wipes Vashing powder biotex	Shower gel Suntan lotion Toothbrushes Toothpaste Mouthwash Shaving brush Shaving cream	Antiseptic wipes Cotton swabs Bandages (self-adhesive) Bandage rolls	Candles Writing paper Envelopes	Cards Board games
Washing up brush A Pan scourers Bi Kitchen sponges Le Aluminium foil Le Greaseproof paper SI Clingfilm Ti Household cleaner H Glass cleaner W Oven cleaner Bi Wax polish Metal polish Dusters Rubbish bags	or freshener  binliners  oo brush  oo cleaner/bleach  ponge cloths  issues  land wipes  Vashing powder  biotex	Suntan lotion Toothbrushes Toothpaste Mouthwash Shaving brush Shaving cream	Cotton swabs Bandages (self-adhesive) Bandage rolls	Writing paper Envelopes	Board games
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Greaseproof paper Signifilm Til Household cleaner H Glass cleaner W Oven cleaner Bil Wax polish Metal polish Dusters Rubbish bags	ponge cloths Fissues Hand wipes Washing powder Biotex	Shaving brush Shaving cream	Gauze	Postcards	Magazines
Clingfilm Ti Household cleaner H Glass cleaner W Oven cleaner Bi Wax polish Metal polish Dusters Rubbish bags	issues Hand wipes Vashing powder Biotex	Shaving cream	Antiseptic cream	Stamps Pens	DVDs CDs
Glass cleaner W. Oven cleaner Bi Wax polish Metal polish Dusters Rubbish bags	Vashing powder Biotex		Anti-bacterial cream	Pencils	Liar dice
Oven cleaner Bi Wax polish Metal polish Dusters Rubbish bags	Biotex		Anti-fungal cream	Ruler	Costumes
Wax polish Metal polish Dusters Rubbish bags		Face cream	Anti-itch cream	Eraser	Snorkels/flippers
Metal polish Dusters Rubbish bags			Sunburn cream Eye drops	Sellotape Wrapping paper	Lilo
Dusters Rubbish bags			Bonjella	Xmas/b'day cards	
		Sponge	Oil of cloves	PC consumables	
Matches/lighter		Scrubbing brush	Thermometer	Printer consumables	
		Cotton buds	Tweezers	BBQ charcoal	
1		Personal medicines Sunglasses	Scissors Razor blades	BBQ lighter fluid Shoe polish	
		Hat	Nail clippers	Shoe brushes/dusters	
			Mosquito repellant	Mousetrap/poison	
			Jos sticks	Rattrap/poison	
			White vinegar		
			Witch hazel (antihist) Nappy cream (zinc oxide)		
			appy cream (zinc uniue)		
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From the Cruisers' Dictionary
Homane cruisers bietionary
Roach Prufe
Rehydration powder
Selsun Disposable needles
Lysol (anti-mould etc.)
Mothballs
Citronella Oil (for mosquitos) MDR Metal wax
Oxalic acid
Anti-bacterial tablets (for washing vegetables)
Silicone grease Joy Liquid (washing up in sea water)
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